

# Health & Safety Monthly Update

April 2022



## Welcome to this month's edition of the Health & Safety Monthly Update.

This is to inform you of the current health and safety issues we are all challenged with while providing some information to ensure we are fulfilling our duties of looking after our people. To get in touch with the Health and Safety Team, please email [safety@unitec.ac.nz](mailto:safety@unitec.ac.nz).

RAT kits are being distributed to our staff who work in front-facing roles on campus. A very big thank you to those that supported the Health & Safety team by coordinating the packing of over 1000 RAT gift packs: *Maja Zidov, Carrie Weston, Camelia Pirika, Asma Munir, Odette Rizk, Trudy Vinkenvleugel, Sandra Potier, Inger Andersen, Romy Sunny, Peter Rees, Yuri Hosokawa, Tee Jet Ting*



We would also like to acknowledge the staff volunteers who supported Student Central with My Vaccine Pass checks: *Maja Zidov, Sandra Potier, Asma Munir, Carrie Weston, Ioane Aleke Fa'avae, Peter Rees, Romy Sunny*

**Masks** – a reminder that wearing a mask helps keep your whānau and vulnerable people safe. Staff, students, contractors, and visitors must wear a face mask when indoors on campus, including in buildings like the cafeteria (unless eating), libraries, and teaching spaces. Masks must be worn even while sitting at your desk surrounded by others.

Masks are also strongly recommended in all outdoor areas on campus when around others. If you have forgotten your mask, Inward Goods has a small supply for each team – your BA or manager can contact them to arrange collection.

Plan for safe **Easter holidays** and if you are travelling, please be patient when driving, keep within the speed limits and ensure you are well rested before driving so that everyone can relax and enjoy their holiday and return safely.



### A big thank you to Richard Couldrey!

With the gym closure, we say farewell to our H&S Rep, Richard Couldrey. A very big thank you to Richard for all his skills, expertise, support, and efforts to the safety and wellness of our Unitec staff, students, and community over the years. We will certainly miss having you as part of the team – best wishes to you and the gym team going forward.



### How do I access EAP Services?

To request a confidential in-person phone, video or e-counselling appointment phone or visit the website:

**NZ 0800 327 669 |**  
[eapservices.co.nz](https://eapservices.co.nz)

**Other resources: need to talk?**  
Free call or text **1737** to talk to a trained counsellor

### Safety Heroes of the Month Amy Brockbank & Sue Wallbank

Amy and Sue have been integral onsite supporting our Te Puna Waiora team and our ākonga (students) throughout Covid closedowns. More recently, they have been helping to care for our students who have tested positive by providing additional follow-up support should they need it.

