

Explaining COVID-19 Contacts (Phase 2)

What is the difference between a Positive Case, Household Close Contact, and Close Contact?

Positive Case: someone who has tested positive for COVID-19

Household Close Contact: the people who live in the same house as someone who has tested positive

Close Contact: someone who has had contact with a person with COVID-19 when they were infectious

If you are a Casual Contact, you will just need to monitor for symptoms for 10 days and get a test if symptoms develop.

Positive COVID-19 Case

SELF-ISOLATE FOR 10 DAYS.

Provide necessary information to contact tracers to help them identify close contacts.

Focus on your rest and recovery.

You no longer need to isolate at home when you have been cleared by your doctor and Regional Public Health.

Most of your health care can be managed by phone and online support. You will have face-to-face health care if you need it.

Household Close Contact

SELF-ISOLATE FOR 10 DAYS.

Get a test on day 8.
(Day 3 test no longer required for Aucklanders)

If **NEGATIVE**, you have no symptoms, and your COVID positive household member is cleared, you no longer need to isolate after day 10.

If **POSITIVE**, you now become a positive case.

You will be notified of your test results (negative and positive) by text. Phone support will be provided at the start of isolation. If COVID-19 positive, daily health self-assessments can be submitted by phone or online. You will have face-to-face health care if you need it.

Close Contact

SELF-ISOLATE FOR 7 DAYS.

Get a test on day 5.

If **NEGATIVE** and you have no symptoms, you no longer need to isolate after day 7.

If **POSITIVE**, you now become a positive case.