

Karakia mō te kai I – Blessing of Food I	
Whakapaingia ēnei kai Hei oranga mō tātou katoa Mauri ora!	<i>Bless this food As sustenance for us all May the life force be with you!</i>
Karakia mō te kai II – Blessing of Food II	
E Ihoa whakapaingia ēnei kai Hei oranga mō ō mātou tinana Whāngai hoki ō mātou wairua Ki te taro o te ora Ko Ihu Karaiti tō mātou kaiwhakaora Amine	<i>Oh Lord, bless this food before us As sustenance for our bodies Nourish our spirits With the bread of life Jesus Christ our redeemer Amen</i>
Karakia mō te kai III – Blessing of Food III	
Nau mai e ngā hua O te wao, o te ngākina, o te wai tai, o te wai māori Nā Tāne, nā Rongo, nā Tangaroa, nā Maru Ko Ranginui e tū iho nei Ko Papatūānuku e takoto ake nei Tūturu whakamaua kia tina, tina! Hui e! Tāiki e!	<i>Welcome the gifts of food from the sacred forests, from the cultivated gardens, from the sea, from the fresh waters From Tāne, from Rongo, from Tangaroa, from Maru I acknowledge Ranginui who is above me and Papatūānuku who lies beneath me Let this be my commitment to all! Draw together! Affirm!</i>

Karakia to open meeting / hui	
Manawa mai te mauri nuku Manawa mai te mauri rangi Ko te mauri kai au he mauri tipua Ka pakaru mai te pō Tau mai te mauri Haumi e, hui e, taiki e!	<i>Embrace the life force of the earth Embrace the life force of the sky The life force I have gathered is powerful And shatters all darkness Come great life force Join together! draw together! Affirm!</i>
Karakia to close meeting / hui	
Ka wehe atu tātou I raro i te rangimārie, te harikoa, me te manawanui Haumi ē! Hui ē! Taiki ē!	<i>We are departing Peacefully Joyfully And resolute We are united, progressing forward!</i>