

Quick Reference Contact Details



Unitec Services

Campus Security	0800 10 95 90 security@unitec.ac.nz
Emergency Services	111
Health and Safety	safety@unitec.ac.nz
International Services	09 892 7402 international@unitec.ac.nz Emergency 24/7 Helpline 021 950 453
IMS	0800 27 54 67 (0800 ASK IMS) imssupport@unitec.ac.nz
Student Central <i>Te Pae Kōrero</i>	0800 10 95 10 study@unitec.ac.nz

Student Services

Ask Me Help Desk	0800 10 75 10 askme@unitec.ac.nz
Career Development Service	0800 10 75 10 career@unitec.ac.nz
Disability Services Access4Success	0800 10 75 10 or 09 815 4321 ext 7871 disabilitysupport@unitec.ac.nz
Library Services	0800 10 75 10 library@unitec.ac.nz
Multifaith Chaplaincy	0800 10 75 10 or 021 733 954 chaplains@unitec.ac.nz
Scholarships	0800 10 75 10 scholarships@unitec.ac.nz
Student Learning & Achievement	0800 10 75 10
Student Support Advisors	0800 10 75 10 studentsupport@unitec.ac.nz

Internal Support Services

ALLY Network	ally@unitec.ac.nz
Counselling - Te Puna Waiora	0800 10 85 10 counselling@unitec.ac.nz
Equity and Inclusion	scollie@unitec.ac.nz
Independent Advocacy Service	0800 67 83 23 studentadvocates@kahuitukaha.co.nz
Medical Centre - Te Puna Waiora	0800 10 85 10 studentwellbeing@unitec.ac.nz
Unitec Student Council <i>Te Kaunihera Akonga o Wairaka</i>	021 563 782 studentpresident@unitec.ac.nz

External Support Services

Healthline	0800 61 11 16
Lifeline 24/7 Support	0800 54 33 54 (0800 LIFELINE)
Mental Health and Crisis Team	0800 80 07 17
Suicide Crisis Helpline	0508 82 88 65 (0508 TAUTOKO)
Youthline	0800 37 66 33

Websites to Bookmark

Anxiety Online	www.anxiety.org.nz
Depression Help & Resources	www.depression.org.nz
Drug and Alcohol Counselling	www.alcoholdrughelp.org.nz
Lifeline	www.lifeline.org.nz
Local Events Guide	www.heartofthecity.co.nz
Ministry of Health	www.health.govt.nz/your-health/healthy-living
NZ Civil Defence	www.civildefence.govt.nz
Relationship Support	www.relationships.org.nz